11 Publication number:

**0 100 827** A1

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# **EUROPEAN PATENT APPLICATION**

(21) Application number: 83105025.7

22 Date of filing: 20.05.83

(51) Int. Cl.3: A 61 K 31/255

A 61 K 31/50, A 61 K 31/535 //C07C143/14, C07D295/08

30 Priority: 17.08.82 IE 1981/82

- 43 Date of publication of application: 22.02.84 Bulletin 84/8
- Ø Designated Contracting States:
  CH DE FR GB IT LI SE

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- Pharmaceutical composition containing an aliphatic aminosulphonic acid.
- (5) A pharmaceutical composition for treating psoriasis and similar or related ailments comprises at least one skin-compatible zwitterionic aminosulfonic acid (ZASA) of the formula

RNR'SO<sub>3</sub>H

wherein R is a straight or branched chain aliphatic radical, or RN is a substituted or unsubstituted nitrogen-containing heterocycle which may have one additional hetero atom; and R' is  $C_{2-4}$  straight or branched chain alkylene radical, together with a pharmaceutically acceptable topical carrier or base. The ZASA is also provided for use in the topical treatment of psoriasis and related skin disorders.

# TITLE MODIFIED see front page

## Pharmaceutical composition

This invention relates to a pharmaceutical composition for treating psoriasis, and to certain sulfonic acid derivatives for use in such treatment.

- Psoriasis is a group of disfiguring and uncomfortable skin conditions for which physicians have long sought effective treatment methods. Its causes and etiology are very imperfectly understood. The term "psoriasis" as used in this specification designates not only the known five or six conditions commonly so designated in medical practice, but also, for the sake of simplicity in terminology, other related skin disorders namely the ichthyoses group, the dyskeratoses group and Dariers disease.
- The principal known compositions which have been used with greater or lesser success in the treatment of psoriasis belong to two groups: 1) coal tar products, 2) cortisone products. Group 1) compositions are variable and unpredictable in their effects, but their overall success in symptom alleviation has been small. Some of them cause undesirable skin discoloration. Group 2) compositions bring striking short-term benefit to sufferers, but are attended by well known undesirable side-effects which constitute a contraindication of extended periods of treatment.

It is an object of the invention to provide a pharmaceutical composition which will contribute to supplying the medical need mentioned above, and to provide certain sulfonic acid derivatives for use in treating psoriasis.

The invention accordingly provides a pharmaceutical composition for treating psoriasis which comprises at least one skin-compatible into the innic aminosulfonic acid (hereinafter ZASA) having the formula

RNR'SO<sub>3</sub>H

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wherein either R is a  $C_{1-6}$  straight or branched chain aliphatic radical or the combination RN is a substituted or unsubstituted nitrogen-containing heterocyclic radical which may have one hetero-atom additional to the nitrogen atom that links said radical to R'; and R' is a  $C_{2-4}$  straight or branched chain alkylene radical, together with a pharmaceutically acceptable topical carrier or base.

The invention also provides a zwitterionic aminosulfonic acid as set out above, for use in the topical treatment of psoriasis and related skin disorders. It provides in particular the preferred ZASA's set out below, for said

Preferably the ZASA has at least one  $pK_a$  value at 20°C in the range 6.0-8.3 to permit its use on human skin (i.e. the molecule exists mainly in its dipolar form in the pH range 6.0-8.3). All  $pK_a$  values quuted in this specification are at 20°C.

Preferred heterocyclic values for RN are N-piperazinyl, N-morpholinyl and N-[N'-(2-hydroxyethyl)]-piperazinyl.

A preferred aliphatic value for R is tris-(hydroxymethyl)-methyl.

Preferred values for R' are -CH2-CH2- and -CH2-CH2-CH2-.

Preferred ZASA's are:

2-(N-Morpholinyl)-ethane sulfonic acid (hereinafter MES) which has a pK<sub>a</sub> of 6.15;
2-[N-[N'-(2-Hydroxyethyl)]-piperazinyl]-ethane sulfonic acid (hereinafter HEPES) which has a pK<sub>a</sub> of 7.55;
3-[N-[N'-(2-Hydroxyethyl)]-piperazinyl]-propane sulfonic acid (hereinafter MESDS).

10 acid (hereinafter HEPPS);
2-[N-[tris-(Hydroxymethyl)]-methylamino]-ethane sulfonic
acid;

2-(N-Piperazinyl)-ethane sulfonic acid; 2-(N-Piperazinyl)-propane sulfonic acid;

Piperazine-1,4-bis(2-ethane sulfonic acid) (hereinafter PIPES) which has a  $pK_a$  of 6.8; and N,N-bis-(2-Hydroxyethyl)-2-aminoethane sulfonic acid (hereinafter BES) which has a  $pK_a$  of 7.15.

The ZASA's mentioned above are known in the chemical literature as buffers. Most of them are described among other compounds by Good, N. et al, in Biochemistry 1966, 5, 467.

Preferred ZASA's are mild and cause no skin irritation.

The effective proportion of the active ingredient, by
weight of the composition, is in the range 0.05 to 20%,
preferably 0.05 to 5%. In the most preferred compositions
the effective proportion lies in the range 0.1% to 1.0%.

Not every compound falling within the general definition given above is preferred or suitable for use in the composition of the invention. Some few of them are contraindicated or unsuitable for one reason or another.

Reasons for unsuitability, and thus for exclusion from the present invention, include incompatibility with the chosen topical base. Substances forbidden by health or hygiene regulations are <u>prima facie</u> unsuitable and excluded. Known carcinogens, or substances suspected on reasonable grounds of being carcinogens, are excluded. Substances which have any deleterious effect on the skin are excluded. Some of the compounds, for example, cause irritation, reddening or chapping of the skin when used over a short period, or a long period, and are excluded. Others are excluded because they can dye or pigment the skin. These reservations do not, of course, apply to any of the preferred compounds.

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Nevertheless the exclusion of unsuitable compounds is a matter well within the competence of a person skilled in the art. Carcinogens, for example, can be identified by 15 consulting published lists of such substances. patibility with the chosen topical base is an empirical matter, to be determined by stability tests. Health and hygiene regulations can be presumed known to persons skilled in pharmaceutical formulation. Any candidate 20 compound can be tested on labelled small areas of healthy skin for undesirable effects such as skin irritation, reddening, chapping, dyeing and pigmenting. The number of unsuitable compounds, as a fraction of the number of ZASA's embraced by the above description, is very small. 25

The topical base is selected from a wide variety of compositions formulated according to known principles for pharmaceutical purposes. Such compositions include creams, solids, ointments, lotions and film-forming solutions among others. They may be presented in boxes, jars or squeezable tubes, both collapsible and non-collapsible. The solids may be presented as sticks for rubbing on to the skin. Some of the topical bases may be presented as papers, woven or non-woven fabric pieces, or pads, all impregnated with the composition.

The invention will be appreciated in greater detail from the following examples of specific embodiments thereof.

#### Example 1

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Of A vanishing cream is made up from the following recipe:

			and torrowing tecth
	Α.	OIL PHASE	PARTS BY WEIGHT
		Stearic acid	13.0
		Microcrystalline wax	6.5
	•	Olive oil	3.5
10		Glyceryl monostearate	•
		(acid-stable grade)	3.5
		Polyoxyethylene sorbitan	
		monolaurate <sup>1</sup>	12.0
		Silicone fluid (200-350	12.0
15		centistokes)	3.0
	1 T	he product sold under the trac	de name <u>TWEEN 20</u> .

B. AQUEOUS PHASE	PARTS BY WEIGHT
•	
HEPES	0.2
Water (q.s. ad 100.0)	58.3

The ingredients of A are melted together and brought to 80°C. The ingredients of B are made into a solution, brought to 80°C, and added at that temperature to the melt, with mixing, which is then continued until the emulsified mass has cooled to 40°C. The product is suitably packed so as to prevent evaporation, since it is an oil-in-water emulsion.

This cream is applied to an area of skin showing psoriatic symptoms, preferably several hours before the skin is due to be washed. The application may be repeated after washing.

EXAMPLE 2

An application stick is made from the following ingredients:

		PARTS BY WEIGHT
0.5	Eutanol G <sup>1</sup>	39.0
05	Comperlan HS <sup>1</sup>	11.0
	Stearic acid	10.0
	HEPPS	5.0
	Ethanol 96% V/V	20.0
10	Glycerol	15.0
10	difector	

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<sup>1</sup>Henkel International, Federal Republic of Germany.

The ingredients other than ethanol are mixed and melted together. The temperature of the melt is brought below 70°C, whereupon the ethanol is added and well mixed in. The melt is poured into suitable moulds and allowed to set. The resulting moulded sticks are removed from the moulds, wrapped individually in aluminium foil and packed.

A stick is rubbed gently on to an area of skin showing psoriatic symptoms. These sticks may conveniently be carried—in a patient's pocket or handbag.

EXAMPLE 3

An ointment is made from the following ingredients:

		PARTS BY WEIGHT
<del></del>	Liquid paraffin	11.0
25	Petroleum jelly	30.0
2.5	Paraffin wax	6.0
	Glycerol	38.0
	Polyoxyethylene homogeniser	10.0
	HEPPS	5.0

The ingredients other than glycerol are melted together. The temperature of the melt is brought below 70°C whereupon the glycerol is added with good stirring. the ointment is cooled to room temperature with further agitation, and when cool is passed once through a conventional ointment mill. This ointment is suitable for treating larger areas of skin, or where the cosmetic effect of treatment is deemed unimportant.

# Examples 4 and 5

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These are creams of the vanishing type. They are made up from the following sets of ingredients:

	A. OIL PHASE	PARTS BY Example 4	WEIGHT Example 5	
	Stearic acid	10.0	10.0	
15	Beeswax	2.0	2.0	
	Paraffin wax	12.0	10.9	
	Polyoxyethylene sorbita	n	20.3	
	monolaurate <sup>l</sup>	10.9	10.0	
	Glycerol monostearate (a	acid .		
20	stable grade)	5.0	5.0	
	D.C. Silicone fluid 200/	<sup>'</sup> 350	0.0	
	(Dimethyl siloxane)		2.5	
	B. AQUEOUS PHASE			
	HEPES	1.0	1.0	
25	Sorbitol	10.0	-	
	Magnesium sulphate	0.1	0.1	
	Water (q.s. ad 100)	49.0	58.5	
	TOTAL			
	TOTAL	100.0	100.0	
	1			

 $<sup>^{1}</sup>$  Commercially available under the trade name TWEEN 20.

The ingredients of B are made into a solution, brought to 90°C-95°C, and added with stirring to the melted and mixed ingredients of A at about 80°C. Stirring is continued until the temperature falls below 35°C or until the cream has set.

These creams are packed and used as described in Example 1.

### Examples 6 and 7

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These vanishing creams contain as active ingredients at least one of the biological buffers described by Good, N. et al, Biochemistry 1966, 5, 467. Of the zwitterionic buffer substances therein described, the ones here used have been found particularly suitable. Their names, as previously indicated, are herein abbreviated for convenience to MES and PIPES. The creams are made up from the following ingredients:

### .PARTS BY WEIGHT

Α	OIL PHASE	Example 6	Example 7
	Stearic acid	10.5	10.5
	Sunflower oil	3.5	3.5
20	Silicone fluid	4.0	4.0
	Glycerol monostearate	5.0	5.0
•*	Paraffin soft white	. 2.0	2.0
	Tween 20 (see Ex.8-9)	10.0	10.0

## B. AQUEOUS PHASE

	MES	4.0	
05	PIPES Water (q.s. ad 100)	61.0	0.1 64.9
	TOTAL	100.0	100.0

The B ingredients are made into a solution and brought to 90°C-92°C, then added with stirring to a melt of the A ingredients made at 95°C-100°C and cooled to 90°C. Stirring is continued until the cream has set (below 35°C).

The creams are packed and used as described in Example 1. They can be removed from the hands by a simple soap and water wash, like the products of all the examples.

## EXAMPLE 8

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This example illustrates a typical formulation which can be used for the pharmaceutical presentation of any of the zwitterionic substances (ZASA's) the newly discovered medical properties of which are disclosed in the present specification.

20	INGREDIENT	PARTS BY WEIGHT
25	Stearic acid  Vegetable oil (e.g. Sunflower)  Glyceryl monostearate (self- emulsifying)  Silicone oil (200-350 centistokes)  TWEEN 20 (Polyoxyethylene sorbitan monolaurate)  The selected ZASA  Water (q.s. ad 100)	10.0 9.0 2.5 0.5 8.0 0.1 to 1.0 69.9 to 69.0

The ingredients are put together by known pharmaceutical procedures, such as those set out in the previous examples.

In addition to preservatives, other conventional pharmaceutically acceptable additives may be incorporated in the compositions of the invention. These include, for example, humectants, film formers and water repellents. Sorbitol is a useful humectant. A 4% mucilage of Methyl cellulose is a useful film former. The dimethyl silicones sold by Imperial Chemical Industries Ltd., of the U.K. under the trade designations F 110 and F 111, are useful water repellents.

The ZASA's herein prescribed, when used in proportions in the range 0.1 to 1.0% by weight of a pharmaceutical composition of the invention, are mild and cause no skin irritation. When applied regularly over a period of weeks to clean dry skin initially showing psoriatic symptoms, they have been shown firstly to ease the cracked, dry skin which is typical of the psoriatic condition, secondly to ease the concomitant irritation, and finally to arrest the pathological condition in a relatively rapid manner, permitting the skin to return to a normal, healthy-looking state free from redness, scale, chapping and cracking. The period involved is usually two to four weeks.

#### EXAMPLE 9

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25 Therapeutic effect.

The effect was first observed by chance in a factory environment wherein compositions of the present invention were in use for a non-medical purpose (see European applition No. 82 110 658.0). The tests of the present example were then organized ad hoc.

Eight volunteer adult sufferers from mild to moderate plaque-type psoriasis were selected for treatment during respective active episodes of the ailment. Five were males, three females; their ages ranged from 16 to 50. At least five of them had had prior professional diagnosis by a family physician. None was receiving intensive topical or systemic treatment at the time of the investigation. The body areas affected varied from one volunteer to another, but included the hands, forearms, elbows, face and, in one case, the scalp.

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Each volunteer was provided with a quantity of the product of Example 8 containing, as active ingredient, HEPES in approportion of 0.3% by weight, and was instructed to apply it to the affected areas of skin twice a day after washing. The instructions were carried out by all the volunteers.

Seven volunteers reported subjective improvement after periods varying from 7 to 14 days, and this was confirmed in all seven cases by lay observation, and in two cases by the family physician. One volunteer reported no noticeable change in symptoms for the better or the worse.

Four of the volunteers (2 male, 2 female) subsequently discontinued the treatment. All four reported a recurrence of symptoms after about 7 days. This was also confirmed by lay observation.

The remaining three volunteers have persisted with the treatment and have had no recurrence of symptoms with the last six months.

Several other workers in the same establishment, with no symptoms or history of inflammatory skin disease, applied the same product to their hands twice a day for an extended period (over two months), using it as a protective cream against accidental tissue adhesion by cyanoacrylate-type

adhesives. None of these reported any deleterious effect, on the skin or otherwise. These results are preliminary and incomplete.

The same product was tested at the Biological Laboratories, Ballina, Co. Mayo, Ireland and found not to be a skin irritant.

Preliminary testing on animals is under way, in which a 1% Hydrocortisone cream is being used as a comparison, but the results are not yet to hand.

Application has been made, on the basis of these \_\_\_\_ preliminary results, to the National Drugs Advisory Board of Ireland for approval for the setting up of systematic clinical tests.

Meanwhile the pharmacology of the ZASA's is under investigation in the Department of Clinical Medicine, Trinity College, Dublin.

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While the number of sufferers treated to date with compositions of the invention is small, all of them have reported the relatively rapid improvement mentioned above. The face, hands, arms and elbows have all exhibited the kind of recovery described.

Although we do not wish to be bound by the terms of any theory, we suspect that pH control of the skin, coupled with the use of an aminosulfonic acid, is one factor in producing the effects we have seen. A major factor appear to be the recently discovered fact that the active ingredients of the compositions are effective in suppressing the functioning of neutrophils, a variety of white blood corpuscle. There is prior evidence to sugges that neutrophils, which are known to infiltrate into psoriatic lesions, are at least partly responsible for the

damage to epidermal cell membranes which is characteristic of psoriasis. The evidence is summarised and amplified in two papers by M M Young and F J Bloomfield: 1) Influence of lithium and fluoride on degranulation from human

- neutrophils in vitro: <u>Inflammation</u>, Vol. 6, No. 3, 1982, pp. 257-267.
  - 2) Enhanced release of inflammatory mediators from lithium-stimulated neutrophils in psoriasis: British Journal of Dermatology (1983) 108, Paper 607/6288.
- The content of these papers is incorporated in the present description by reference. One of the authors (Bloomfield) is responsible for the discovery of neutrophil function suppression by ZASA's; the work is unpublished.

#### CLAIMS

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1. A pharmaceutical composition for treating psoriasis and related conditions which comprises at least one skin-compatible zwitterionic aminosulfonic acid (one ZASA) having the formula

## RNR'SO3H

wherein either R is a  $C_{1-6}$  straight or branched chain aliphatic radical or the combination RN is a substituted or unsubstituted nitrogen-containing heterocyclic radical which may have one hetero-atom additional to the nitrogen atom that links said radical to R'; and R' is a  $C_{2-4}$  straight or branched chain alkylene radical, together with a pharmaceutically acceptable topical carrier or base.

- 2. A composition as claimed in claim 1 wherein the ZASA has at least one  $pK_a$  value at 20°C in the range 6.0-8.3.
  - 3. A composition as claimed in claim 1 wherein R represents tris-(hydroxymethyl)-methyl.
- 4. A composition as claimed in claim 1 wherein RN represents a radical selected from the group consisting of N-piperazinyl, N-morpholinyl and N-[N'-(2-hydroxy-ethyl)] -piperazinyl.

- 5. A composition as claimed in claim 1 wherein R' is selected from the group consisting of  $-CH_2-CH_2-$  and  $-CH_2-CH_2-$ .
- 6. A composition as claimed in claim 1 wherein the ZASA is selected from the group consisting of 2-(N-Morpholinyl)-ethane sulfonic acid (MES), 2-[N-[N'-(2-Hydroxyethyl)]-piperazinyl]-ethane sulfonic acid (HEPES),
- 3-[N-[N'-(2-Hydroxyethyl)]-piperazinyl]-propane sulfonic
  10 acid (HEPPS),
- 2-[N-[tris-(Hydroxymethyl)]-methylamino]-ethane sulfonic
  acid,
  - 2-(N-Piperazinyl)-ethane sulfonic acid,
  - 2-(N-Piperazinyl)-propane sulfonic acid,
- Piperazine-1,4-bis(2-ethane sulfonic acid) (PIPES) and N,N-bis-(2-Hydroxyethyl)-2-aminoethane sulfonic acid (BES).
  - 7. A pharmaceutical composition as claimed in any of claims 1 to 6 wherein the proportion of ZASA is in the range 0.05 to 20% by weight of the composition.
- 20 8. A pharmaceutical composition as claimed in claim 7 wherein the proportion is in the range 0.05 to 5%.
  - 9. A pharmaceutical composition as claimed in claim 8 wherein the proportion is in the range 0.1 to 1.0%.
- 10. A skin-compatible zwitterionic aminosulfonic acid
   (ZASA), as defined in claim 1, for use in the topical treatment of psoriasis and related skin disorders.
  - 11. A compound as set out in claim 6 for use in the topical treatment of psoriasis and related skin disorders.



# EUROPEAN SEARCH REPORT

Application number

EP 83 10 5025

		<u> </u>		EP 83 10 50
	DOCUMENTS CO	NSIDERED TO BE RELEVA	NT	7
Category	Citation of docume	nt with indication, where appropriate, relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int. Cl. 3)
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: partici : partici docun : techno	CATEGORY OF CITED DOCU ularly relevant if taken alone ularly relevant if combined we nent of the same category plogical background ritten disclosure hate document	E : earlier patent after the filing D : document cit L : document cit	date ed in the applica ed for other reas	published on, or



## **EUROPEAN SEARCH REPORT**

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EP 83 10 5025

DOCUMENTS CONSIDERED TO BE RELEVANT					Page 2	
alegory	Citation of document with in of relevant	idication, where appropri passages		Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int. Cl. 3)	
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